



# CONTROL COMMON INDOOR ALLERGENS



**Types of common indoor allergens:** house dust mite, mould, chemicals-VOCs/MVOCs & formaldehyde, etc...

**Known symptoms:** respiratory or dermatological conditions including asthma and eczema. Symptoms can include wheezing, coughing, breathlessness, chest tightness, runny nose, itchy nose/eyes/skin, swelling of the tissues, vomiting and diarrhoea. (Ref. *National Asthma Council Australia, ASCIA, Asthma Foundation in New South Wales*).

- Access Economics Report: ***Australasian Society of Clinical Immunology and Allergy (ASCIA)*** (Reviewed April, 2011) stated that;

- The highest prevalence of allergies: 78% of Australians aged 15 to 64 years in 2007.
- A lack of appreciation of the impact of allergic disorders on quality of life.
- Raising awareness of health impacts is an important factor in facilitating the early recognition and control of allergic disease.

- ASCIA also reported that "***The Australian population is ageing. If current trends continue, there will be a 70% increase in the number of Australians with allergy from 2007 to 2050***".

**Common indoor allergy sources** include:

- Mattresses, Bed linen
- Upholstered furniture
- Shag-pile or long-fibred carpets
- Shower area, Toilets, Kitchen area
- Soft toys, Shoes
- Off-gassing from furniture, books, carpets, walls, etc...

Many studies (e.g. *ASCIS in AUS, Asthma Foundation in NSW, EPA, British Medical Journal*) show that appropriate remediation approaches can be effective in reducing the severity of allergic disease including asthma caused by the common allergens.

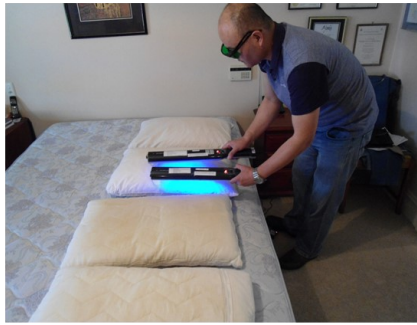
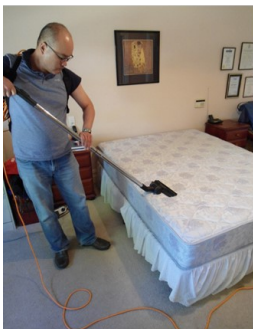
We are able to conduct environment assessment of your area, and if necessary control hidden allergy triggers at your premises. We can provide professional services to complete the elimination or reduction of the indoor allergens in the most cost effective way. **[We also offer free site visit and a quote.](#)**

Should you have any queries regarding our services, please do not hesitate to contact us through our E-mail ([hygiene@whenohs.com.au](mailto:hygiene@whenohs.com.au)) or Website ([whenohs.com.au](http://whenohs.com.au)). We will assist you as promptly as possible.



# Professional Allergy Control Service

*Australasian Society of Clinical Immunology and Allergy (ASCIa)  
(Reviewed April, 2011): "The Australian population is ageing.  
If current trends continue, there will be a 70% increase  
in the number of Australians with allergy from 2007 to 2050".*



## UV STERILIZATION

- Use **Non-toxic** chemicals
- Use **Natural Products**
- Use a state-of-the-art technique (**UV laser**)
- Advice on possible mould in bedrooms, kitchen and shower areas

One Bedroom	- \$50
Two Bedrooms	- \$90
Three Bedrooms	- \$130

**\* PROMOTION (Until 31 Dec 2017): 20% off**  
**CASH ONLY - \$72 for Two bed rooms, \$104 for Three bedrooms**

## Contact us TODAY

Email: [hygiene@whenohs.com.au](mailto:hygiene@whenohs.com.au) Ph: [0423 890 607](tel:0423890607)

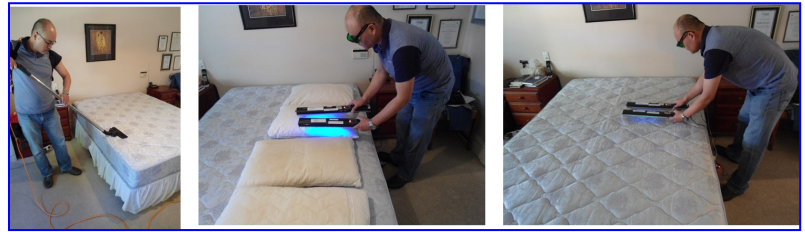
Mon-Fri (09:00 am – 05:00 pm)  
Enquiries: Dr Sugil Lee (PhD in Public Health, Uni of Adelaide, SA)



# 집먼지진드기 및 알러지원 클리닉



알러지원



자외선 살균법 (UV Sterilization)

다양한 알러지성 반응은 호흡기성 질환(천식 포함)이나 아토피성 또는 알러지성 피부염이 그 대표적이며, 현재 호주의 알러지성 반응에 대한 보고서(ASCIA, 2011)에 따르면 2007년 보다 2050년도에는 알러지로 인한 건강상의 문제가 70% 더 급증할 것으로 예상하고 있습니다. 알러지성 반응에 관련된 주요원인들은 집먼지진드기, 곰팡이, 유기화학물질들을 들 수 있는데, 그 중에서도 집먼지진드기(진드기의 배설물 포함)와 곰팡이는 대표적인 알러지원들입니다. 이 알러지원들은 온도와 습도에 아주 민감하며, 주로 침대매트레스, 베게, 울카펫, 샤워실, 케비넷, 옷장, 가구등에서 주로 서식하고 있습니다.

이런 알러지원들을 박멸하기 위해서 여러 화학물질들이 시판 및 사용되고 있으나, 그 화학물질들로 인한 2차적 알르레기성 반응 역시 우려가 되고 있습니다. 건강한 생활을 유지하기 위해 알러지성 원인의 근본을 찾아내고, 억제 및 제거하는 것이 중요합니다. 약 20년간 보건분야와 실내환기관리 컨설팅의 경험을 바탕으로, 저희 클리닉에서는 다음과 같은 클리닉 서비스를 제공해 드립니다.

1. 인체 무해 유기물 (천연재료) 이용
2. 최신 장비를 이용한 자외선 살균법 이용
3. 보건분야 전문가로부터의 잠재적/현존하는 곰팡이 생성 및 제거에 관한 조언 제공

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문의: 이수길 (보건학 박사, Uni of Adelaide, SA)

(호주정부 변호사 자문위원-실내환기 및 폭발; 아들레이드 대학 주재 보건분야 컨설턴트)